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Common commercial immunoassay for workplace drug urinalysis - Principle, cross-reactivity and interference

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# Common Commercial Immunoassay for Workplace Drug Urinalysis - Principle, Cross-Reactivity and Interference

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#### **ABSTRACT**

The underlying principles of the commonly used radioimmunoassay, enzyme immunoassay, fluorescence polarization immunoassay, and "particle" immunoassay are outlined. Cross-reacting characteristics of these immunoassays as reported by the manufacturers and independent laboratories are tabulated. These information show that commercial immunoassay kits for drug categories that are included in workplace drug urinalysis programs are generally more specific than those kits that are for clinical uses only. Furthermore, recently manufactured immunoassay kits targeted for use in workplace drug urinalysis programs are more specific than those manufactured earlier.

Reported effects of adulterants, such as salt, cleaning agents. etc., on commonly used immunoassays are summarized. Without more comprehensive and systematic studies, it is difficult to make general statements concerning the superiority of one methodology over the others. It is clear, however, that cannabinoid assays are most susceptible to the influence of adulterants.

 $\mathbf 1$ 

Key words : Immunoassay, Cross-reactivity, Interference, Urine.

#### **INTRODUCTION**

stems: Blackwood, NJ), I.D. BLOCK™(International Diagnostic Systems: St. Joseph, MI), and Triage™panel (Biosite Diagnostics, San Diego,

Based on the definiteness of its analytical finding, an analytical procedure can be considered a preliminary or a conclusive method. Preliminary methods of analysis are useful for screening purposes. They can be used in the field where instrumentation needed for more definite methods of analysis cannot be conveniently applied. Typical examples of this category of methods include color tests and portable immunoassay kits, such as Abuscreen<sup>®</sup> ONTRAK<sup>™</sup> (Roche Diagnostic Systems: Branchburg, NJ), accu PINCH (HYCOR Biomedical: Garden Grove, CA), MACH IV<sup>®</sup> (Drug Screening Sy $CA).$ 

Preliminary methods of analysis that require major instrumentation and can only be performed under a laboratory environment may still find wide usage if they can be applied cost effectively to process a large number of samples. Typical examples of this category of methods are the immunoassays now routinely used in workplace drug urinalysis laboratories, including radioimmunoassays (RIA) marketed by Roche Diagnostic Systems (Branchburg, NJ), Diagnostic Products (Los Angeles, CA), and Immunalysis Corporation (Glendale, CA); enzyme

immunoassay (EIA) marketed by Syva Company (Palo Alto, CA); fluorescence polarization immunoassay (FPIA) marketed by Abbott Laboratories (Irving, TX); and "Particle" immunoassay (PIA) marketed by Roche Diagnostic Systems (Branchburg, NJ).

The value of a screen test procedure is not conventionally judged by its specificity toward a specific drug. Preliminary screen procedures with broad cross-reactivity are very valuable when used for emergency room drug screen or used for detecting drugs with similar functional group in cases (a) where the exact structure of the drug is not known, as often encountered in designer

without conducting multiple screen tests.

Specificity, however, is of the primary concern when a screen test procedure is used in a workplace drug urinalysis program. Current practices of workplace drug urinalysis require a two -step test protocol in which an immunoassay is used to identify "presumptive positive" samples that generate responses equivalent to or above that generated by a targeted analyte at a "cutoff" concentrations. These "presumptive positive" samples are furthered tested for specific drugs/metabolites by GC/MS procedures. Only those samples that are confirmed to include those targeted drugs (at or above "cutoff" concentrations) can be reported as positive. The analytes targeted and the cutoff concentrations of immunoassays and GC/MS adopted by major workplace drug urinalysis programs are listed in Table  $1^{(1,2)}$ .

drug related cases; and (b) where the exact metabolites of a drug in a biological fluid has not yet been established. Positive results derived from the assay's cross-reactivity toward these unknowns allow the detection of relevant drugs

**Table 1.** Cutoff levels<sup>a</sup> of immunoassays and GC/MS tests adopted by the U.S. laboratory certification programs

	Immunoassay cutoff (ng/mL)			$GC/MS$ Test cutoff $(ng/mL)$		
Drug category	Analyte targeted	$D_0D^b$	HHS <sup>b</sup>	Analyte targeted	$D_0D$	<b>HHS</b>
Amphetamine	<b>Amphetamine</b>	500	500	Amphetamine	500	500
Methamphetamine	Methamphetamine	500	500	Methamphetamine <sup>c</sup>	500	500
<b>Barbiturates</b>	Secobarbital	<b>200</b>	__d	<b>Butalbital</b>	200	ئی__
				Amobarbital	200	$\mathbf{d}$
				Pentobarbital	200	$\mathbf{d}$
				Secobarbital	<b>200</b>	$\equiv$ d
Cocaine	<b>Benzoylecgonine</b>	150	300	<b>Benzoylecgonine</b>	100	150
Opiates	Morphine	300	300	Codeine	300	300
				Morphine	300	300
<b>Phencyclidine</b>	<b>Phencyclidine</b>	25	25	<b>Phencyclidine</b>	25	25
Cannabinoids	9-THC-COOH <sup>e</sup>	50	100	9-THC-COOH	15	15
LSDf	LSD.	0.5	ہے۔	<b>LSD</b>	0.2	ائی۔۔۔۔

"As of Aug. 1993.

"DoD: U.S. Department of Defense; HHS: U.S. Department of Health and Human Services.

The sample should also contain 200 ng/mL of amphetamine to report positive for methamphetamine<sup>(3)</sup>. Additional testing to differentiate d-and l-methamphetamine may be required.

*d* Testing not included by the HHS program.

 $\degree$ 9-THC-COOH: 11-nor- $\Delta^{\degree}$ -tetrahydrocannabinol-9-carboxylic acid.

*LSD*: lysergic acid diethylamide.

 $\overline{2}$ 

With this two-step test protocol and reporting policy, a preliminary test procedure that responding to those drugs/metabolites not targeted for by the GC/MS procedures may generate "presumptive positive" results that are not confirmed by GC/MS. This article attempts to evaluate literature data concerning the cross-reacting characteristics of commercially available immunoassays kits that are commonly used in workplace drug urinalysis programs. Since systematic and full-scale evaluation of portable immunoassay kits, such as Abuscreen® ONTRA-K<sup>™</sup>, accu PINCH, MACH IV®, I.D. BLOCK™, and Triage<sup>™</sup>panel, are rare, independent literature data on these products are very limited. They are not included in this review. The assay kits covered are further limited to those aiming for the detection of drugs/metabolites that are included in major workplace drug urinalysis programs. Since only those samples that are tested positive by both the preliminary and the confirmatory tests can be reported as positive, the cutoff concentration adopted by the immunoassay should correspond well with the cutoff concentration of the compound targeted by GC/MS. Since all presumptive positive results obtained from an immunoassay require further confirmatory testing, adopting an inappropriately low immunoassay cutoff value will result in excess number of negative GC/MS results causing the overall analytical procedure financially inefficient. On the other hand, if the screening cutoff value is set too high, some positive samples may be rejected as negatives in the preliminary screening process, without being tested by GC/MS. With this in mind, attempts are made to compare immunoassays based on their abilities to generate apparent analyte concentrations that can be statistically correlated with the GC/MS analyte concentrations. Limit of detection is normally an important parameter when analytical procedures are evaluated. It will not however, be emphasized in this review. To minimize issues that may derive from technology limitations and data interpre-

ting variations, immunoassay cutoff concentrations set by workplace drug urinalysis programs are well above the limits of detection of commonly used immunoassays. Therefore, whether a particular immunoassay is suitable for a workplace drug urinalysis program is normally not judged by the limit of detection the immunoassay can achieve.

# METHODOLOGY AND CROSS-**REACTIVITY**

The most important aspects of immunoassay technologies are:

1. the production of an antibody possessing the desired specificity, affinity, and sensitivity;

2. the development of a mechanism for the reaction of the specific antibody with the analyte  $;$  and

3. the design of a detection system suitable for measuring the occurrence and extent of the specific reaction.

The antibody is produced in an animal (polyclonal) or in an organic culture (monoclonal) environment in response to an antigenic complex composed of the drug of interest coupled to a carrier protein.

Most immunoassay procedures utilize the competitive binding principle in which the antibody is allowed to react with a mixture of labeled (control) and unlabeled (sample) drugs. The presence and the quantity of a drug in the sample is evaluated based on the quantities of the labeled drug in the reacted or unreacted forms.

The control drugs are labeled in different ways, each requiring different methods of detection and quantification. Thus, radioactive isotopes, such as <sup>125</sup>I, are used for labeling in radioimmunoassay (RIA) methods; active enzymes, which are capable of converting (indirectly) nicotinamide adenine dinucleotide (NAD) to nicotinamide 6-(2-aminoethylamino) purine dinucleotide (AENAD), are coupled to the drug in enzyme multiplied immunoassay techniques (EMIT); fluoresceins are coupled to the drug used in fluorescence polarization immunoassay (FPIA);

and particles are attached to the drug in particle immunoassay (PIA). [Basic operation principles and applications of these methods will be discussed later in separate sections.

Several immunological assay systems have been developed for the detection of drugs in biological specimens. Commercial kits are available for routine use in clinical, toxicological, and forensic laboratories. Major immunoassays that have found significant applications for preliminary testing of commonly abused durgs are

#### listed in Table 2.

Methodologies listed in Talbe 2 are considered *heterogeneous* if a phase separation step is needed prior to detection. The detection process is designed to measure the extent of the labeled antigen linked (directly or indirectly) to the antibody, thus reflecting the amount of the test drug (unlabeled antigen) in the sample. Methodologies based on the measurement of radioactivity are operated heterogeneously since the detecting device cannot differentiate the sou-

Table 2. Major classification of immunoassays and commercial products for workplace drug urinalysis



"Commercial manufacturers: Roche: Roche Diagnostic Systems (Branchburg, NJ); DPC: Diagnostic Products Corporation (Los Angeles, CA); Immunalysis: Immunalysis Corporation (Glendale, CA); Syva: Syva Company (Palo Alto,

CA); Abbott Laboratories (Irving, TX).

 $\mathrm{A}$ s of July 1993.

'Several other assay kits that were made available by this manufacturer in the past (see Table 3) are currently being reintroduced and evaluated.

"Enzyme immunoassay reagents from numerous sources have recently become available. These recently available reagents are not included mainly because the lack of literature data resulting from evaluations performed by independent laboratories.

To the author's knowledge, the term "particle immunoassay" has not been used in the literature. In parallel with the nomenclature convention applied to FIA, EIA, and FPIA, the term "particle immunoassay" has not been used in the literature. In parallel with the nomenclature convention applied to FIA, EIA, and FPIA, the term "particle immunoassay" (PIA) is hereby adopted for immunoassays that utilize particles of various nature and sizes as the label and the basis of detection mechanism.

rce of the radioactivity (free or bound labeled antigen). Therefore, the separation step is required.

Methodologies based on the change of optical intensities do not require the separation step if these properties are modified through the substrate's linkage (directly or indirectly) to the antibody. These immunoassays can be operated without a separation step and are considered *homogeneous* immunoassays.

Both heterogeneous and homogeneous immunoassays are used for workplace drug urinalysis. Basic methodologies and cross-reactivities of the most common commercial products



Figure 1. Schematic illustration of competitive immunoassay. \* Ag represents the labeled form of the drug; Ag the drug (analyte) to be measured;  $Ab<sub>1</sub>$  the antibody, the limiting factor in the reaction, capable

are further discussed below.

#### I. Radioimmunoassay

#### $(1)$ . Basic Methodology

Radioimmunoassay represents one of the most powerful and earliest immunoassay technologies used for high-volume drug screen. Most commonly used RIA methods are based on the competitive binding of  $125$ -labeled antigen and free unlabeled antigen (analyte), in proportion to their concentrations, to a limited amount of antibody in the reaction mixture as shown in the first part of Figure 1.

To assess the drug's presence and its concentration in a sample, the radioactivity measured from the sample's antibody-bound fraction is compared with data established by a series of standards. Since the detection mechanism cannot

of binding the drug; Ab<sub>2</sub> the second antibody capable of binding Ab<sub>1</sub> to form aggregates.

 $Ab<sub>2</sub>$  at the same time, thus, greatly simplify the test protocol. Coat-A-Count<sup>®</sup> kits utilize immobilized antibody on the wall of a polypropylene tube, thus making the separation step automatic.

Various dose-response curves<sup>(4)</sup> established by control samples with known amounts of the drug can be used for the attempted quantification of the drug in an unknown sample. A typical standard curve is obtained by plotting  $B/B_0$ (counts obtained from the test sample related to that from the zero dose control) against increasing concentrations of the analyte in the set of control samples (Figure 2). Another popular dose-response curve plots logit  $(B/B_0)$  against loge [Ag], where [Ag] is the concentration of the analyte.

 $log_e[(B/B_0)/(1-B/B_0)]=a+b log_e [Ag]$  (1) The latter plot is advantageous in that a linear relationship of the two parameters can be obtained within a limited concentration range.

differentiate the sources of the radioactivity, it is necessary to separate the antibody-bound (reaction product) from the antibody-free (unreacted) radiolabeled drug prior to radioactivity counting.

Among various processes used for phase separation, Abuscreen<sup>®</sup> and Immunalysis kits use a precipitating second antibody, Ab<sub>2</sub>, to remove the antibody-bound fraction from the reaction mixture as shown by the second part of Figure 1. Newer reagents provided by these manufacturers allow for the addition of Ab<sub>1</sub> and

## (II). Cross-reactivities

Cross-reactivity data of common commercial kits are summarized in Table 3. Most of these data are directly taken from the respective reagent package inserts ,while others are reported by independent laboratories.

 $\overline{5}$ 



#### $(1)$ . Basic Methodolgy

Enzyme multiplied immunoassay technique (EMIT<sup>®</sup>) represents the most widely used enzyme immunoassay (EIA) technology applied to drug screen. Emit<sup>®</sup> is based on the absorbance change (at 340 nm) caused by the reduction of NAD to NADH. This reaction is coupled by the oxidation of glucose-6-phosphate to 6-phosphogluconolactone as shown in Figure 3. The latter oxidation is catalyzed by glucose-6-phosphate dehydrogense (G6P-DH) attached to the free, but not the bound, antigen.

In practice, a standard amount of the enzyme-labeled antigen and a constant limiting quantity of the antibody are used in every standard and test sample. Under the competitive reaction process, the concentration level of the analyte in a test sample will determine the amount of the enzyme-labeled antigen that remains unbound. The amount of the enzyme-labeled antigen that remains unbound will determine the oxidation rate of glucose-6-phosphate to 6-phosphogluconolactone and thus indirectly determines the absorbance change caused by the reduction of NAD to NADH. Since physical separation of the bound from the unbound antigen is not necessary for the measurement of absorption change, this is a homogeneous immunoassay. A typical dose-response curve obtained from calibrators is shown as Figure 4.

Dose-response curve for radioim-Figure 2. munoassay. (Data taken from Abuscreen<sup>®</sup> Radioimmunoassay for Phencyclidine package insert dated Oct. 1988.)

The two-step test protocol and the test result reporting policy adopted by workplace drug urinalysis programs have motivated RIA reagent manufacturers to develop and produce assay kits that will generate test results closely related to the GC/MS test results of a very limited number of targeted drugs. Despite the fact that cross-reactivity with structurally-related drugs may serve other purposes well, the trend in the RIA reagent manufacturing industry has been in increasing reagent specificities toward the very limited number of targeted drugs. This trend is clearly demonstrated by the differences in reagent specificity (as shown in Table 3) for drugs that are and are not adopted for monitoring in workplace drug urinalysis programs. Thus, highly specific kits for amphetamine, methamphetamine, benzoylecgonine, 11-nor- $\triangle^9$ -tetrahydrocannabinol-9-carboxylic acid (9-THC-COOH), morphine/codeine, and phencyclidine are available. To demonstrate this point further, data shown in Table 4 indicate that earlier reagents from the same manufacturers were not as specific as current ones.

Enzyme immunoassay has also been applied for screening fentanyl<sup> $(15)$ </sup>, cocaine<sup> $(16)$ </sup>, and other drugs<sup> $(17)$ </sup> and metabolites using a heterogeneous approach called enzyme-linked immunosorbent assay (ELISA). In the first two applications, a fixed amount of the analyte coated on the solidphase medium competes with the analyte in the test sample to react with the first antibody added. The solid-phase medium is then washed, and an enzyme-labeled second antibody is added . The solid-phase medium is washed again, followed by the addition of an enzyme substrate. The extent of the substrate reaction is determined by the amount of the second antibody-bound enzyme present (bound indirectly to the solid-phase

II. Enzyme Immunoassay



# Table 3. Cross-reactivity of commercial RIA kits<sup>a</sup>





 $\overline{7}$ 



Nitrazepam



 $\mathfrak{Z}1$ 

#### $8\,$



Control range: 0-100 ng/mL

Date: Apr. 1993





#### Control range: $0.2,000$  ng/mL

Date: Sept. 1987

DPC Coat-A-Count<sup>"</sup> Fentanyl Calibrator: fentanyl Control range: 0-7.5 ng/mL Date: Apr.1993

Roche Abuscreen<sup>\*</sup> RIA for LSD Calibrator: LSD Control range: 0-1 ng/mL Date: Apr. 1993 DPC Coat-A-Count<sup>\*</sup> LSD Calibrator: LSD



Lysergic acid methyl-propyl amide

 $5.6; 1.5$ 100: 1,000







DPC Coat-A-Count<sup>\*</sup> Morphine Calibrator: morphine Control range: 0-500 ng/mL Date: May 1992

Immunalysis Urine Heroin/Morpl Direct RIA Kit Calibrator: morphine Control range: 0-500 ng/mL Date: Sept. 1987 Roche Abuscreen<sup>®</sup> RIA for Phen Calibrator: phencyclidine Control range: 0-50 ng/mL



"With the exceptions of those footnoted, data listed in this table are taken from the respective reagent package inserts as specified in the first column of the table. Only those compounds that show  $\geq 1\%$  cross-reactivity are listed. Compounds are listed in descending order of their reported cross-reactivities. Data listed in the "% Cross-reactivity" and

the "Concentration tested" columns may be separated by ";" or "-" meaning that two (for ";") or a range (for "-") of data were reported in the original literature.

 $b$ Data taken from Ref.(5).

Data taken from Ref.(6).

 $\textsuperscript{d}$  Data reported by Ref.(7). Using 1,000 ng/mL as the cutoff, a negative result and a positive result were observed from a control with 100,000 ng/mL and 1,000,000ng/mL, respectively, of these compounds. Thus, the cross-reactivities of these compounds are  $\langle 1\%, \text{ but } \ge 0.1\%$ 

"Data taken from Ref.(8).

'Data taken from Ref.(9). Using 1,000 ng/mL as the cutoff, a negative result and a positive result were observed from a control with 100,000 ng/mL and 1,000,000 ng/mL, respectively, of these compounds. Thus, the cross-reactivities of these compounds are  $\langle 1\%, \text{ but} \ge 0.1\% \rangle$ .

"Oxazepam is a metabolite of these compounds.

 $^{\prime\prime}$ Data taken from Ref.(10).

Data taken from  $Ref.(11)$ .

'Data taken from Ref.(12).  $\Delta$ Data taken from Ref.(13). 'Data taken from Ref. $(14)$ .



# Table 4. Variation of specificities of Abuscreen® Radioimmunoassay for Cannabinoid kits

"Data taken from Abuscreen<sup>®</sup> Radioimmunoassay for Cannabinoid reagent package inserts dated Mar. 1987, Mar. 1988, Nov. 1988, June 1989, May 1990, and Oct. 1991.

medium). The amount of the solid-phase-bound second antibody-enzyme complex is determined by the amount of the lirst antibody present (bound to the analyte coated on the solid-phase midium), which is ,in turn, determined by the concentration of the analyte present in the test sample (Figure 5). Therefore, the extent of the substrate reaction is indicative of the concentration of the analyte in the test sample.

In the third application<sup> $(16)$ </sup>, the antibody is immobilized on polystyrene beads. After expo-

sure to the test sample and a fixed amount of enzyme-labeled antigen, the polystyrene beads are washed, followed by the addition of the enzyme substrate. The substrate reaction, as determined by the amount of the bound enzyme-labeled antigen, is monitored by the absorbance change. Since the concentration of the analyte in the test sample will determine how much of the enzyme will be bound (indirectly) to the solid phase and available for catalyzing the substrate reaction, it can therefore be related to the absor-



Figure 3. Schematic illustration of competitive immunoassay. Ag<sup>G6P-DH</sup>: the enzyme-labeled form of the drug; Ag: the drug ( analyte) to be measured; Ab: the antibody, the limiting factor in the reaction, capable of binding the drug; G6P: glucose-6

-phosphate; G6PL: 6-phosphogluconolactone; NAD: nicotinamide adenine dinucleotide.

bance change monitored.

Since the measured phenomenon is based on the activity of an enzyme capable of catalyzing multiple reactions for the conversion of an unlimited amount of reaction products, EIA can , in theory, be very sensitive. In practice, however, the amplification resulting from the accumulation of the reaction products is more than canceled out by the relatively insensitive photometric method used for the quantification of the reaction products<sup> $(18)$ </sup>.

(II). Cross-reactivities

As the most widely used immunoassay,  $EMIT^{\mathcal{R}}$  kits' cross-reacting characteristics are often reported by users. Some of these reports identified the exact cross-reacting compounds and quantitative cross-reactivity data, while others just reported the observed phenomena. The former category (cross-reacting compound identified) of user-reported data are listed in Table 5 along with those provided in the reagent package inserts provided by the manufacturer. Literature reports, in which the exact cross-reacting compounds are not identified, are intended in the "INTERFERENCE" section of this article.



Figure 4. Example of a dose-reponse curve for  $Emit^{\mathcal{R}}$  d.  $a.u.^{TM}$ .

Since the list of compiled cross-reacting compounds can never be complete, lists of compounds with "negative cross-reactivity"<sup>(19)</sup> are very informative and should be checked when doubt arises.

III. Fluorescence Polarization Immunoassay

#### (I). Basic Methodology

In parallel with the RIA and EIA technologies, the FPIA procedure is also based on the competitive binding principle of labeled antigen and unlabeled antigen, in proportion to



**Figure 5.** Schematic illustration of enzyme-linked immunosorbent assay.

their concentrations, to a limited quantity of antibody in the reaction mixture. A fluorophore is used as the label. The antibody-bound fluorophore emits at the same plane as the exciting polarized radiation, while the fluorophore on the free antigen emits at a different plane. The extent to which the labeled antigen is bound to the antibody can be monitored through the measurement of the extent of polarization. Thus, the separation step as shown for the heterogeneous RIA (second part of Figure 1) is not needed.

The fast dissociation rate constant and the stability of the antibody/fluorescein-labeled drug complex have a significant impact on the test procedure<sup> $(24-28)$ </sup>. With the fast dissociation rate constant, the antibody and the fluorescein-labeled drug can be premixed as a single reagent. Thus, the test procedure will only involve the addition of the test sample to the premixed reagent, followed by an incubation period (to allow the displacement of a proportional amount of fluorescein-labeled drug by the analyte in the test sample) and polarization measurement. Since the premixed reagent has proven to be very stable and the reaction equilibrium, once attained, remains stable, frequent calibration of the assay is not necessary<sup> $(25)$ </sup>. It should be noted, however, that degradation of the commercial reagent has been reported  $(29)$ .

labeled antigens allow the detection of multiple drugs with a single reagent. However, since each antiserum may have different cross-reacting characteristics<sup> $(25)$ </sup>, the correlation of polarization readings with the identities and concentrations of individual analytes present may require sophisticated experimental design.

#### $(II)$ . Cross-reactivity

Fluorescence polarization immunoassay has a fundamental advantage over absorption spectrophotometric methods. Interference with the fluorescence polarization signal measurements by sample matrix is less severe. It is also advantageous over fluorescence methods since the potential intrinsic fluorescence derived from the sample matrix will not cause detection interference in polarization measurements. It has been reported, however, that interference derived from fluorescence of the sample matrix may occur if the measuring device lacks adequate optical sophistication<sup> $(25)$ </sup>. Compounds that were reported to cross-react with  $TDx^{\mathcal{B}}/ADx^{\mathcal{B}}$  reagents are summarized in Table 6.

It has also been reported<sup> $(24,25)$ </sup> that the combination of several antisera and fluoresceinIV. "Particle" Immunoassay

In parallel with the use of radioactive isotopes, fluorescein, and enzymes, particles of appropriate size<sup> $(39)$ </sup> can also be used as labels to serve as the basis for detecting whether a targe-



# Table 5. Compounds cross-reacting to Emit<sup>®</sup> drug abuse urine assays<sup>a</sup>



Syva Emit<sup> $\mathcal{R}$ </sup> d.a.u<sup> $\mathcal{M}$ </sup>Monoclonal Amphetamine/Methamphetamine Calibrator and cutoff:  $d$ -methamphetamine;  $1000$  ng/mL Control range: 0-3,000 ng/mL Date: Nov. 1989







Syva Emit<sup><sup>*k*</sup> d.a.u<sup>™</sup>Barbiturate</sup> Calibrator and cutoff: secobarbital;  $200$  ng/mL Control range: 0-1,000 ng/mL Date: May 1993









# 17

..<del>...</del>



Calibrator and cutoff: benzoylecgonine;  $300$  ng/mL Control range: 0-3,000 ng/mL Date: Jan. 1992 (None listed) Syva Emit\* II Cocaine Metabolite Calibrator and cutoff: benzoylecgonine;  $300$  ng/mL Control range: 0-3,000 ng/mL Date: Jan. 1993 (None listed) Syva Emit<sup>\*</sup> d.a.u.<sup>TM</sup>Methadone Calibrator and cutoff: methadone;  $300$  ng/mL



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- "With the exceptions of those footnoted, data listed in this table are taken from the respective reagent package inserts as specified in the first column of the table. When present at the concentration level listed in the "Positive response concentration" column, the crossing-reacting compound show an equal or greater response than the calibrator at the cutoff concentration.
- "These compounds are listed in Ref. [19] as cross-reacting compounds and show positive result if present at or higher than the concentrations listed in the "Positive response concentration" column.
- 'Ref. [20] reported that approximately 100,000 ng/mL of ranitidine generated an absorbance change equivalent to 1,000 ng/mL of d-methamphetamine. This study also reported that ranitidine did not interfere with the EMIT<sup>R</sup>
	- $d.a.u.$ <sup>M</sup>polyclonal amphetamine assay.
- "Data taken from  $Ref.(7)$ .

"Data taken from Ref.(21).

'Amphetamine and methamphetamine are metabolites of these drugs.

*E*Data taken from Ref. $(22)$ .

 $\textsuperscript{n}$ Data taken from Ref.(23).

'Data taken from Ref.(13).

antibody-antigen reaction has occurred. ted Thus, latex particles were utilized for the development of immunoassay test methodology for morphine<sup> $(40)$ </sup>, barbiturates<sup> $(41)$ </sup>, and methamphetamine $(42.43)$ .

The principle of this methodology is based on the competitive binding of latex particle-labeled drugs with the analyte, if present, in the test



# **Table 6.** Compounds cross-reacting to Abbott  $TDx^{\circledast}/ADx^{\circledast}$  assays<sup>*a*</sup>







Abbott TDx<sup>R</sup> Barbiturates Calibrator: secobarbital Control range: 0-2,000 Date: 12/01/1987

![](_page_22_Picture_3.jpeg)

![](_page_23_Picture_24.jpeg)

![](_page_23_Picture_25.jpeg)

Abbott  $ADx^{\textcircled{\tiny 8}}$  Benzodiazepines Calibrator: nordiazepam Control range: 0-2,400 ng/mL Date: 1992

![](_page_23_Picture_26.jpeg)

![](_page_24_Picture_12.jpeg)

# 24

 $\sim$   $\sim$ 

![](_page_25_Picture_8.jpeg)

![](_page_26_Picture_95.jpeg)

![](_page_26_Picture_96.jpeg)

"With the exceptions of those footnoted, data listed in this table are taken from the respective reagent package inserts as specified in the first column of the table. Only those compounds that show  $\geq 1\%$  cross-reactivity are listed. Compounds are listed in descending oreder of their reported cross-reactivities. Date listed in the "% Cross-reactivity" and the "Concentration tested" columns may be separated by ";" or "-" meaning that two (for ";") or a range (for "-") of data were reported in the original literature.

 $b$ Data taken form Ref.(30).

"Data taken form  $Ref.(31)$ .

 $\alpha$ Data taken form Ref.(32).

"Data taken form Ref.(33).

'Data taken form Ref.(34) using Amphetamine Class reagent.

<sup>8</sup>Data taken form Ref.  $(34)$  using Amphetamine/Methamphetamine II reagent.

 $^{\prime}$ Data taken form Ref.(21). Positive results were observed with the levels of the compounds tested.

Data taken form  $Ref.(35)$ .  $\Delta$ Data taken form Ref. (36).  $k$ Data taken form Ref.(37). 'Data taken form Ref. $(13)$ . "Data taken form Ref. $(38)$ .

sample for a limited amount of antibody available. For a negative sample, the antibody will cross-link to sufficient latex particle-labeled drug molecules to produce agglutination particles that are large enough for visual detection. Thus, a negative sample will result in the occurrence of

agglutination, while a highly positive sample will result in a smooth milky appearance of the original reaction medium.

This approach has recently been commercialized by Roche Diagnostic Systems and convenient Abuscreen®Ontrak®assay kits are avail-

able for common drugs of abuse. Since visual inspection is the basis of detection, the differentiation of samples containing the analyte at or near the "cutoff" level will always be somewhat subjective. While this line of products may be useful for field applications, an objective detecting mechanism and automation process will be helpful for applications in a high-volume test environment.

Indeed, the same manufacturer marketed a different line of product (Abuscreen<sup>®</sup> Online<sup>™</sup>) in which mechanisms for objective detection and automation are featured. Working under the same principle, this test methodology utilizes a microparticle label and a photometric detection device<sup> $(44)$ </sup>. Based on the competitive binding principle used for all immunoassays addressed earlier, the underlying aggregation reaction will proceed when the analyte is absent in the test sample. Under this circumstance, lower light transmission will reach the photometric detector. Since this is a relatively new product, independent literature data are generally lacking. The cross-reactivity data as provided in the product package inserts for the currently available assay kits are shown in Table 7.

that cause non-specific binding, and (d) specimen conditions that interfere with the assay's detection mechanism.

One area that has attracted much attention in the drug testing communities is the responses of various immunoassays toward the intentional addition of "adulterants". Some of these adulterants may actually destroy the targeted drugs, thus rendering the specimen "truly negative". Under this circumstance, immunoassays (and other test methodologies) are expected to respond negatively. Other adulterants may, however, cause non-specific binding or create interference on the detection mechanism. A reliable im-

# **INTERFERENCE**

Interference can be broadly defined as the observation of a test result that does not provide the intended diagnostic finding reflecting the true status of the specimen. The most widely studied interferences are the "false" positive responses (on the initial test) resulting from the presence of cross-reacting compounds listed in Tables 3 and 5-7. (These positive initial tests are then eliminated by GC/MS procedures.) In addition to the interference caused crossreacting compounds, the following sample conditions may also generate a test result leading to an incorrect interpretation of the sample status: (a) presence of the targeted analyte derived from sources other than the targeted drugs of abuse, (b) the presence of cross-reacting compounds with unknown structure, (c) specimen conditions

munoassay should use an antibodies with desired specificities and a detection mechanism that is robust toward interfering conditions.

I. Presence of Targeted Analytes Derived from Unintended Exposure, Food Consumption, and Licit Medication

Some of the analytes targeted as the indicators of drug abuse may derived from unintended exposure, food consumption, or licit medication. Low quantities of marijuana and cocaine related metabolites have been detected in individuals who were subjected to passive inhalation  $(45)$  or skin absorption<sup> $(46)$ </sup>.

It is well known<sup> $(47)$ </sup> that morphine and codeine may be observed in urine samples collected from individuals consuming poppy seedcontaining food items or morphine/codeine-containing prescriptions. Methamphetamine detec-

tion may also be caused by using Vicks Nasal Inhaler<sup> $\mathbb{R}(48)$ </sup> and other medication. Methamphetamine and amphetamine have been reported as the metabolites of a substantial number of licit drugs. A list recently compiled<sup>(49)</sup> by a drug urinalysis expert included Amphetaminil, Benzphetamine, Clobenzorex, Deprenyl, Dimethylamphetamine, Ethylamphetamine, Famprofazone, Fencamine, Fenethylline, Fenproporex, Furfenorex, Mefenorex, Prenylamine, Mesocarb. It is thus obvious that test results needed to be interpreted carefully by those with thorough

![](_page_28_Picture_29.jpeg)

# Table 7. Compounds cross-reacting to Abuscreen® Online<sup>™</sup>assays<sup>a</sup>

# Roche Abuscreen<sup>®</sup> Online™for Benzodiazepines Targeted drug: benzodiazepines Date: Sept. 1992

![](_page_28_Picture_30.jpeg)

![](_page_28_Picture_31.jpeg)

![](_page_29_Picture_64.jpeg)

![](_page_29_Picture_65.jpeg)

![](_page_29_Picture_66.jpeg)

Roche Abuscreen<sup>R</sup> Online<sup>TM</sup> for Phencyclidine

Targeted drug: phencyclidine and its metabolites Date: Apr. 1992

"With the exceptions of those footnoted, data listed in this table are taken from the respective reagent package inserts as specified in the first column of the table. Only those compounds that show  $\geq 1\%$  cross-reactivity are listed. Com-

pounds are listed in descending order of their reported cross-reactivities.

"Targeted drugs are those listed in the Intended Use sections of the package inserts.

'Compounds listed with indentation and inside parentheses are metabolites of the preceding drugs.

knowledge on the subject area.

- II. Unknown Cross-reacting Compound and Nonspecific Binding
	- It has been reported that unknown meta-

bolite(s) of chlorpromazine<sup> $(50)$ </sup>, brompheniramine  $(50)$ , and labetalol<sup> $(51)$ </sup> caused EMIT<sup><sup>R</sup></sup> d.a.u.  $T^{M}$ Monoclonal Amphetamine/Methamphetamine Assay to general false positive results. Metabolites, not the parent drugs, were believed to be the responsible cross-reacting compounds be-

cause: (a) these drugs were prescribed for the urine specimen donors; (b) these parent drugs were present in the urine specimens, and (c) studies on control samples with various concentrations of the parent drugs alone failed to generate a positive result. Since reference metabolites of these drugs are not available, the exact crossreacting metabolities cannot be identified.

Urine specimens from patients using pipothiazine or fluspirilene prescriptions also generated false positive results when tested by the  $EMIT^{\circledR}$  d.a.u.<sup>TM</sup> Monoclonal Amphetamine/Methamphetamine  $Assay^{(52)}$ . Since no study was conducted on the parent drugs alone, it is not may be present in the postmortem urine samples . It is possible that the observed lower absorbance changes are due to the presence of nonspecific interacting materials that cause a higher initial absorbance value. Indeed, it has been reported<sup> $(60)$ </sup> that many postmortem urine specimens had absorbance change values lower than those produced by the negative calibrators.

Enzyme immunoassay also suffers a potential spectrometric interference caused by substances that are present in the sample. For example, it was reported that:

1. p-nitrophenol, a metabolite of methyl parathion, can absorb strongly in the 340 nm re-

known whether the parent drugs or their metabolites caused the false results. Other interferences reported include (a) false  $EMIT^{\omega}$  positives for amphetamine by benzathine<sup> $(53)$ </sup>, (b) fa- $\text{lse EMIT}^{\circledR}$  positives for cannabinoids by the acute dose of ibuprofen and (c) chronic dose of naproxyn<sup>(54)</sup>, and false  $TDx^{\omega}$  positives for barbiturates by chronic dose of ibuprofen and naproxyn<sup> $(54)$ </sup>. The false positives from the cannabinoids and barbiturates studies<sup>(54)</sup> were observed only from a very small fractions of specimen studied-the vast majority of specimens studied did not generate false positive result.

False  $EMIT^{\circledR}$  negatives of cannabinoid assays<sup> $(55,56)$ </sup> and other drugs<sup> $(57)$ </sup> have also been reported. In one study, an alarming six false negatives (out of 41 patient samples tested) were reported<sup>(56)</sup>. Improved performance has been reported<sup>(58)</sup> with the new calibration formulation that does not use a surfactant and uses 9-THC-

gion at pH 8.0 and thus cause interference<sup> $(61)$ </sup>;

2. the presence of metronidazole<sup> $(62)$ </sup> or mefenamic  $acid^{(64)}$  cause excessively high initial absorbance values, thus preventing the assessment of EMIT<sup>®</sup> test data.

An interesting study reported  $(64)$  that the addition of excess reagent antibody will cause  $EMIT^{\circledR}$  to result in false negative for samples containing benzoylecgonine. It was reasoned that when excess antibody is added, the mount of enzyme-labeled drug bound by the antibody is increased. This results in a greater amount of enzyme being inhibited by the antibody. The resulting decreased signal (decreased conversion of NAD to NADH) would decrease the sensitivity of the  $EMIT^{\omega}$  assay to the drug in the urine near the threshold concentration in urine. When the total antibody concentration approaches the total amount of drug (the sum of enzyme-labeled and nonenzyme-labeled species), the amount

COOH (instead of 11-nor- $\Delta^8$ -THC-COOH) as the calibrator.

#### III. Detection Mechanism

The causes for many observed false negative results are often unknown. Based on the observation that the average absorbance change of completely negative postmortem urine samples is lower than that generated by samples collected from healthy persons, it has been postulated  $(59)$ that some inhibitors to the  $EMIT^*$  reactions

of free enzyme-labeled drug decreases toward zero, and the  $EMIT^{\mathcal{R}}$  absorbance signal is markedly decreased. The use of a "high tech" adulterant that tampers with the underlying assay detection mechanism is intellectually challenging and can only be used by those who have ready access to the specific antibody.

#### **IV.** Adulterants

Studies conducted in several drug testing laboratories revealed that the presence of common

accessible adulterants do affect the responses of common immunoassays. The effects of adulterants vary with the drug categories tested and the immunoassay methodologies used. Adulterants that were reported to cause significant interferences have been reviewed recently<sup>(65)</sup>. Information included in this review and newer data are summarized in Table 8.

Most of the studies included in Table 8 did not compare the effects of the adulterants on various immunoassays under the same conditions; it is therefore difficult to make general statements concerning the robustness of one methodology over the others. It seems to be clear, however, that cannabinoid assays are most susceptible to the influence of adulterants.

Numerous mechanisms have been proposed to account for the observed interference<sup> $(66,68-70)$ </sup> , the exact cause of these interferences are generally unknown. It has been proved, however, that

![](_page_31_Picture_59.jpeg)

![](_page_31_Picture_60.jpeg)

![](_page_31_Picture_61.jpeg)

![](_page_32_Picture_8.jpeg)

 $32\,$ 

![](_page_33_Picture_29.jpeg)

![](_page_33_Picture_30.jpeg)

"Abbreviations for drug categories: AMP: amphetamine, BAR: barbiturate, COC: cocaine metabolite, OPI: opiate, PCP , phencyclidine, THC: cannabinoid, BEN: benzodiazepine, MED: methadone.

 $\mathbb{R}^n$ +" and" is designate samples with and without the targeted analyte.

"+" and "-" designate enhanced and reduced response. One, two, three, and four symbols indicate slight, moderate, significant, and very significant effect, respectively. Since different measures were used for reporting interferences, the extent of interference shown in this column are gross estimates made by this author. Original articles should be consulted for more precise information.

"NaHClO<sub>4</sub> is the main ingradient used in bleach preparations. Different brands were used by different investigators:

- Clorex<sup>®</sup> in Ref.(69-71), Cabbco in Ref.(66), and Giant Food in Ref.(67).
- The targeted analyte was believed to have been degraded (68).
- A negative result was obtained from a known positive sample. No information concerning the magnitude of the change in responses was given.
- <sup>*8*</sup>Different brands of liquid soap were used by different investigators: Joy<sup>R</sup> in Ref.(69), Ivory<sup>R</sup> in Ref.(67), Derma Cidol  $2000<sup>Re</sup>$  in Ref.(66,68). The identities of the four brands used in Ref.(72) were not reported.

bleach actually caused the degradation of 9-THC-COOH<sup> $(68)$ </sup>. Visine<sup>®</sup> was believed to increase the adhesion of 9-THC-COOH to the borosilicate glass specimen containers, thereby reducing the availability of 9-THC-COOH in

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antibody-based assays<sup> $(74)$ </sup>.

# **CONCLUDING REMARKS**

Data provided by the reagent manufacturers and independent laboratories clearly show that results obtained from immunoassays have to be interpreted with care. Adulterants, cross-reacting compounds, and non-specific binding may generate false test results, while reagents' specificity characteristics may cause difference in quantitative results. Thus,  $GC/MS$ procedures are essential for the elimination of reporting false test results. Considering the difference in reagents' specificity characteristics, the selection of a sensible "cutoff" for an immunoassay requires careful correlation of the results obtain from the immunoassay and a GC/ MS procedure.

The interpretation of positive test results

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also requires special knowledge and careful consideration. For example, the detection of amphetamine (or methamphetamine) in urine should not be automatically concluded as a drug abuse case-it is known<sup> $(49)$ </sup> that licit drugs such as Amphetaminil, Clobenzorex, Ethylamphetamine, Fenethylline, Fenproporex, Mefenorex, Mesocarb, Prenylamine will generate amphetamine, while Benzphetamine, Deprenyl, Dimethylamphetamine, Famprofazone, Fencamine, Furfenorex will generate amphetamine and methamphetamine.

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# 常用工作場所煙毒尿液篩檢之免疫學方法— 原理、交叉反應及干擾

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> 摘 要

本文係探討常用市售放射免疫學方法、酵素免 疫學方法、螢光偏極化免疫學方法及"粒子"免疫 學方法之基本原理,此外,亦比較廠商及其他實驗 室所報導之交叉反應,資料顯示,常用工作場所煙 毒尿液篩檢所採用免疫學方法之特異性通常均較 僅於臨床使用者高,而且,新近上市免疫學套組之 特異性亦較早上市者高。最後, 摻加物, 如鹽、清潔 劑等,對各種免疫學方法之干擾亦一併探討,惟因 尚未進行更廣泛性及系統之研究,因此摻加物對於 各種免疫學方法之影響及其優劣實難妄下斷語,但 尿液中大麻代謝物最容易受摻加物干擾是可以肯 定的。

![](_page_39_Picture_7.jpeg)

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